

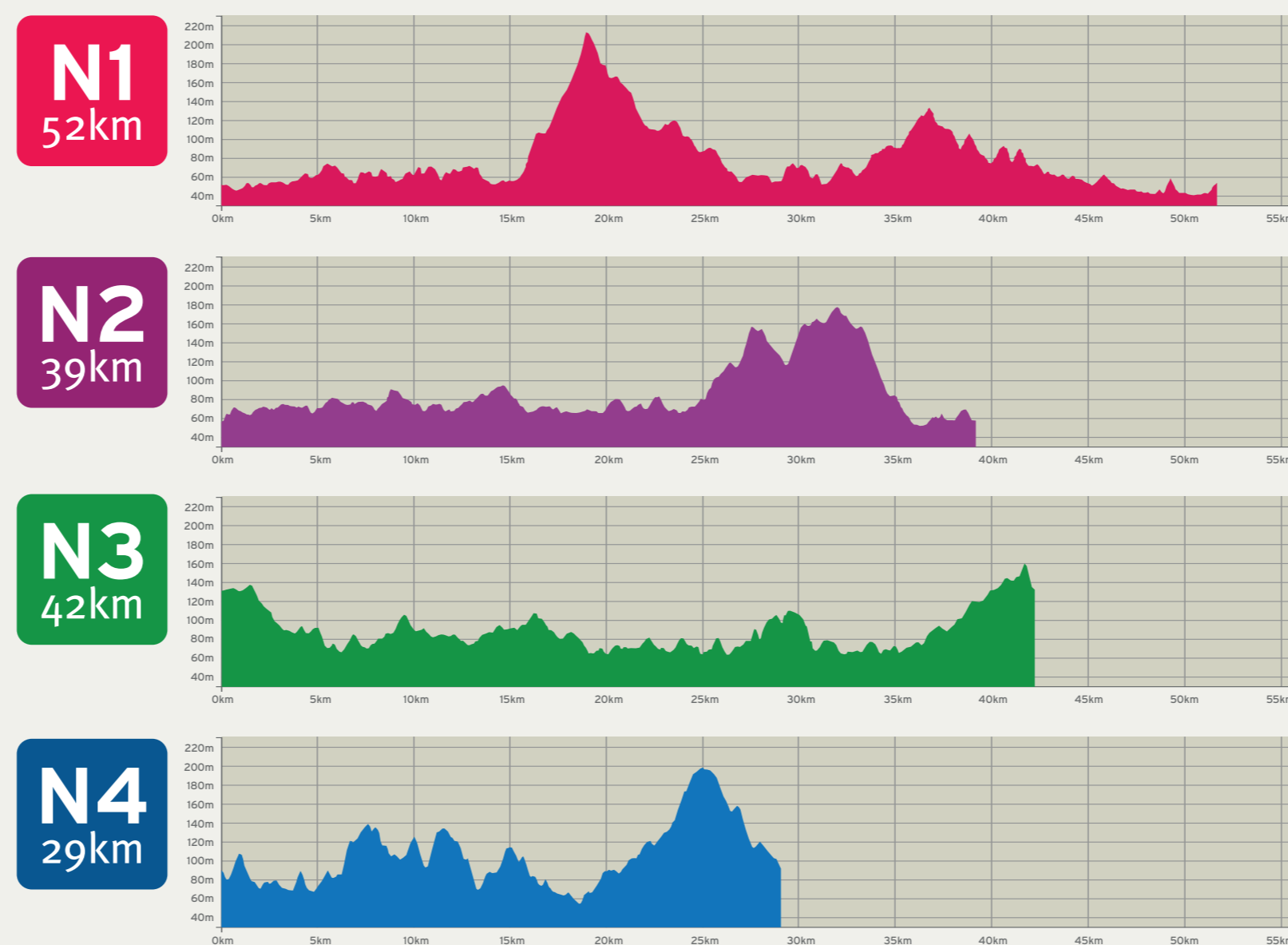


North Longford



Route Classification

All routes and elevations represent a clockwise direction. Routes can be cycled in either direction. Incidences of crossing traffic can be reduced on all routes by cycling anti-clockwise.



Classification – Difficult
Longest route in North Longford, starting in Longford Town and taking some of Longford's Rebel Trail, it also includes the historic towns of Newtownforbes and Drumlish. The route crosses over Corn Hill which offers spectacular views over the county. There is a steep incline for about 5km. Overall cycle approx. 3hrs.

Classification – Difficult
This route starts in Ballinalee where you will see the General Sean MacEoin monument. There is an opportunity for some Pitch & Putt before cycling on to experience the views of Lough Gowna and a relaxing picnic in Leebeen Park in Aughnacliffe. There is an incline for about 8km. Overall cycle approx. 2hrs 15mins.

Classification – Moderate
Starting in Granard, take in the history of Michael Collins, Kitty Kiernan and how the Normans lived by visiting the Knights & Conquests Heritage Centre. Visit the amenity area and trail at the renowned Derrycassin Woods. Take in the beautiful scenery of Lough Gowna and relax in Leebeen park where there is a playground, picnic area, trail and fairy garden. Overall cycle approx. 2hrs 30mins.

Classification – Difficult
Shortest cycle route in North Longford taking in some of Longford's Rebel Trail. The route starts in Aughnacliffe where you can visit the portal tombs, a mini waterfall or Leebeen Park. Take in the history of the 1798 Battle of Ballinamuck or take a stroll in the Edenmore Bog Walk. There is a steep incline for about 5km. Overall cycle approx. 1hr 50mins.

National Trails Office Trail Classification

Easy: Route uses cycle lanes or quiet virtually traffic-free roads. The roads on the route are flat with some gentle slopes. Suitable for all cyclists including those with a low level of fitness and family groups with children over 11 years of age under supervision. Any sort of bike is suitable.

Moderate: Some sections of the route or junctions on the route may be on regional roads. The roads on the route are undulating with some slopes requiring a reasonable level of effort to climb. Suitable for cyclists with moderate level of fitness and experience cycling on public roads. Any sort of bike with a selection of gears would be suitable.

Difficult: The route may use national, regional or unclassified roads including mountain roads with steep gradients both to be ascended and descended. Overall ascent or gradient is unlimited. A bike, well-maintained and suitably equipped to cope with long climbs and steep descents is recommended.

