

E-Bulletin June 2012

County Longford Youth Service

2011 Summer Programmes

4th July - 8th July

Kenagh	10am-1pm	Sports Complex	<i>Sports, Fun, Games</i>
Ballymahon	2pm-5pm	Dean Egan Hall	<i>Sports, Fun, Games, Drama</i>

11th July - 15th July

Granard	10am-1pm	Cannon Kelly Hall	<i>Sports, Fun, Games</i>
Edgeworthstown	2pm-5pm	New Sports Hall	<i>Sports, Fun, Games</i>

18th July - 22nd July

Ballinamuck	10am-1pm	98 Hall	<i>Sports, Fun, Games, Drumming</i>
Ballinalee	2pm-5pm	Thomas Ash Hall	<i>Sports, Fun, Games</i>

25th July - 29th July

Moyne	10am-1pm	Moyne Com. School	<i>Sports, Fun, Games</i>
Drumlish	2pm-5pm	St Marys Hall	<i>Sports, Fun, Games</i>

2nd August - 5th August

Newtownforbes	10am-1pm	Clonguish Sports Complex	<i>Sports, Fun, Games</i>
Longford Town (Young Men)	2pm-5pm	6 Earl St	<i>Sport, fun, Games</i>

08th August - 12th August

Newtowncashel	10am-1pm	Parish Hall	<i>Sports, Fun, Games, Mask Making</i>
Lanesboro	2am-5pm	Lough Rea Co-Op	<i>Sports, Fun, Games, Mask Making</i>

15th August - 19th August

Legan	10am-1pm	Legan Parish Hall	<i>Sports, Fun, Games</i>
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22nd August - 26 August

Longford Town (Young Women)	2pm-5pm	6 Earl Street	<i>Dance, Fun, Games, Trip</i>
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All programmes are €10 per week. Places are limited.

To book a place on any of the above programmes please phone (043-3340907)

Longford Volunteer Centre

Longford Volunteer Centre has appointed a new Co-ordinator, Terri Doherty, working on a part-time basis Mon - Wed 9-5. Over the next few months Terri will be contacting organisations to encourage them to develop new volunteer opportunities and/ or to promote existing volunteering opportunities. In the interim, if you would like to contact the VC, Terri can be contacted on 087-2915367.

Social Inclusion Network meeting

Will take place on the 1st June in the Family Centre from 10.30 to 12.30.

Ray Hogan will give a presentation on ways to help reduce fuel bills in the home. People found his last presentation particularly useful. This is particularly people who are affected by the issue of fuel poverty.



For the last half hour of this meeting Felicia and I would like to consult with people in relation to LCRL's new work plan. What would people like to see included in it in relation to:

- Your views on living in Longford Town and County
- Information and access to Services
- Employment/unemployment
- Volunteering
- Training and Education
- Community Action and participation

For more information contact Josephine on 3347944

Stress Management

Longford Arms Hotel, Longford, May 31st, 7.30pm-9pm.

FREE evening on stress management. Identify signs and symptoms of stress. Deal with thoughts and emotions. Tools to help you with everyday challenges. Relaxation techniques.
Ring Maureen 0863620576

Longford Enterprise Board

How to pitch your business idea with Sean Gallagher.

Free workshop delivered by Sean Gallagher of Dragon's Den

- What investors look for in a business idea
- How to develop your idea to get it investor ready
- Practical tips on presenting your idea to potential investors

This workshop is equally suitable for people seeking private equity and/or finance from a lending institution.

Book your place by contacting Longford County Enterprise Board at 043 3342757

Acorn Project

Addiction Counselling

Counselling is available every Wednesday and Friday at the Acorn Centre. For appointments please contact 043-3347944.

Longford Community Resources Ltd

Social Enterprise Seminar

Longford Community Resources Ltd, (LCRL), will host a Seminar on Social Enterprise and the opportunities to develop social enterprise in the waste and energy sectors on Tuesday 31st May 2011, from 8pm - 10pm in EDI Centre, Mastertech Business Park, Longford.

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Attendance is *FREE OF CHARGE* and all are welcome.

Speakers include the following:



Gerard Kinsella - Ballnagran Zero Carbon Community

Pat Kelleher - REVAMP Furniture Recycling Project

To book your place on this seminar, please contact Longford Community Resources Ltd, on 043-3345555 or email enquiries@lcrl.ie by Monday 30th May 2011.

Wood Energy and Anaerobic Digestion Seminar

Longford Community Resources Ltd (LCRL), will host a Seminar on Wood Energy - development of this sector and potential to exploit opportunities; Anaerobic Digestion as an energy solution on Wednesday 1 June 2011, from 8pm-10pm in Longford Rugby Club.

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Attendance is **FREE OF CHARGE** and all are welcome.

Speakers include the following:

Liam Kelly - Teagasc - Liam will give an overview of the current wood energy market and the potential opportunities of same. In addition he will give an overview of the Clare Wood Energy Project. Today the project targets have been exceeded and a new local wood energy sector is taking its first faltering steps into the commercial world.

Vicky Heslop - is co-founder of Methan O Gen Ltd. Since 1996, Vicky has operated a multi tank digester based on her farm that processes both solid and liquid feedstock both from farms and commercial waste sources. The digester is a viable business and is used for educational and trial purposes. Vicky is a consultant specialising in anaerobic digestion and its integration. She has been a director of Sustainable Energy Ireland (a Government Agency), President of the Irish Bioenergy Association, and runs an organic farm, based in Co Waterford.

To book your place on this seminar, please contact Longford Community Resources Ltd, on 043-3345555 or email enquiries@lcrl.ie by Monday 30th May 2011.

LCRL are recruiting 2 supervisors for the following post for Tús Initiative.

The role will involve:

- working within the staff team to develop and implement the Tús Initiative
- identification of quality work placements in community organisations and settings
- supervision of participants
- preparing written reports on the initiative for the Local Development Company and funders
- attend meetings relating to the Tús initiative both locally and nationally
- setting, managing and monitoring work schedules and attaining targets

Requirements:

All applicants for the posts of supervisor **must be:**

- continuously unemployed for at least 12 months and “signing” on a full-time basis, and



- in receipt of a Jobseekers Payment from the Department of Social Protection for at least 12 months (including Jobseekers Benefit), and
- in receipt of Jobseekers Allowance at time of application.

The successful candidates will be responsible for supporting the implementation of the Tús Initiative in Co. Longford, in order to provide quality work placements for unemployed individuals within the community and voluntary sector. An initial 12 month fixed term contract is offered.

Please contact Martina on (043) 3345555 for a copy of the Job Specification, Application Form and Eligibility Form. Please forward (postal applications only) full CV, cover letter, application and eligibility form to: **Adrian Greene, CEO, Longford Community Resources Ltd, Longford Community Enterprise Centre, Ballinalee Road, Longford.**

Closing date for applications is Friday, 10th June 2011 at 4pm, late applications will not be accepted and canvassing will disqualify.

Intercultural Family Fun Day

Intercultural Family Fun Day will take place in the Mall on July 2nd from 14.00-17.00. All activities are FREE, everyone welcome. If you would like to volunteer for this event please contact Noelle on 043 3345555. This project is co-financed by LCRL and the European Commission under the European Refugee Fund and is supported by the Office for the Promotion of Migrant Integration in the Department of Justice and Equality and Pobal.

HSE

Smoking Cessation Clinic, HPS Longford telephone Catherine McGuinness SCF 0860479138 to arrange an appointment to avail of this service. Clinics are also held in Athlone and Mullingar. Contact 1800 242 505.

For groups suffer from stress, overweight, inactivity or cardiovascular disease and needing support? Contact Health Promotion Cardiovascular Team on(043) 3344089/3344085

Fundraiser for Our Lady's Children's Hospital, Crumlin & African Mission Ireland.

Bush Hotel, Carrick on Shannon, Saturday 18th June at 8pm.

Tickets €25 for 2 people and €15 for individual. Music and food. Featuring the Sweet Spirit Ecumenical Choir, The RCCG Longford Choir, Sean Mahon and other guests, for advance bookings call 0870683955.

National Information

Launch of Speak Up, Transparency Helpline

On Thursday, 26 May 2011, Transparency International Ireland will launch its new Speak Up free information helpline and Transparency Resource Centre. This service will offer support for people facing ethical dilemmas or reporting concerns about wrongdoing in the workplace



and government. It is one of the first of its kind in Western Europe and is partly funded by the European Commission.

Date: Thursday, 26 May 2011

Time: 6.30pm to 8.00pm

Attendance: Free and open to the public, Priority booking for supporters and members

Venue: Wood Quay Venue, Dublin City Council Civic Offices, Wood Quay, Dublin 8

Booking: Email RSVP to communications@transparency.ie or call 01 612 7067

Crosscare Migrant Project

Crosscare Migrant Project is an information and advocacy project for migrants living in Ireland. We also work towards positive change in migration-related policy. In 2009 we launched our immigrant integration website: www.livinginireland.ie, which is available in English, Arabic, Chinese, Portuguese and Russian. We established a voluntary group, the Living in Ireland Website Group (LIIWG), to assist with the development of the website. Members of the LIIWG are migrants from different countries who are living in Ireland. Generally the LIIWG meets twice a year to discuss further developing the website and additional meetings also take place during the year to create further content for the website. We are looking for participants for this project.

If you are interested in getting involved in this project please contact Nicola Yau.

Telephone: 01 8732844

Email: nicolayau@crosscare.ie

North Connaught College: Community Development Training

Living in the West of Ireland and looking for a qualification in Community Development? North Connaught College in Tubbercurry, an established Further Education College is conducting interviews for its well established FETAC Level 6 Certificate in Community Development to start in September 2011.

Region: Sligo

Expiry date: 31/08/2011

This one year course gives a nationally recognised qualification and includes practical skills as well as a theoretical basis for work in this field.

Apply on-line on the college web site www.northconnaughtcollege.net or telephone 0719185035 for further details.

Students may qualify for a grant or Back to Education Allowance whilst doing this course.

Moment to Moment: Training Course for Youth Workers

Just this moment, not the one that has passed, not the one that is to come, but just... This Moment...



A specially designed training course for youth workers and those who work with young people in the non-formal education setting.

The National Youth Council of Ireland & the Sanctuary are offering the following training course on mindfulness and meditative techniques. The aim of the course is to assist youth workers to use mindfulness in their personal lives, and their work practice with young people.

Region: Dublin

Expiry date: 10/06/2011

Places are limited on this training course so please complete the attached booking form and return to training@nyci.ie or call 01 478 4122 before Friday 10th June.

SVP

SVP is running an online petition campaign calling for an end to frequent school book edition changes. Publishers change books frequently which means that parents cannot recycle books, they have to buy new ones even though there have been very few changes to the school curricula, which causes unnecessary financial hardship.

SVP wants the Minister for Education to make book rental schemes compulsory in schools as this is a very effective way to ensure that books can be re-used and that teachers can be confident that pupils can access the book they set.

Click on www.svp.ie/books and sign up - a meeting is planned soon with the Minister so lots of signatures are needed.

Teaching Resource

http://www.fomacs.org/project_detail.php?id=107

Living in limbo

This report by the Immigrant Council of Ireland, in collaboration with Nasc, details the current experience of migrants applying for Irish citizenship. For the report they interviewed migrants navigating the system, outlined the legislative and administrative application process for granting or refusing long-term residence or citizenship, and compared Ireland's eligibility requirements and application process to five key countries.

Please find the document at the link below:

http://www.immigrantcouncil.ie/images/stories/Living_in_Limbo_-_full_document_pdf.pdf

Interesting Article

<http://www.irishtimes.com/newspaper/ireland/2011/0525/1224297714610.html>

